



## MSQ 14 Dietary Supplement

*The Supplement for the Immune System*

### Introduction

MSQ 14 is a unique energy tonic product developed for various conditions of immune deficiency that affect the skeletal system and/or cause metastatic cancer. We believe a dysfunctional immune system has several causes, one of which is specific nutritional deficiencies (1) that are often the primary causative factor allowing for the onset of many diseases, especially cancer. Stress is a proven primary factor causing suppressive effects on the immune system. Our research has determined long-term stress sets in motion a series of chain reactions inhibiting proper nutritional absorption by the body, impacting the endocrine system's ability to produce critical compounds for the immune system. Dysfunction sets in, placing the body at risk for disease, and it is difficult for the body to restore the immune system to a good preventative status quickly.

Immune deficiency leads to systemic inflammation that permits the degenerative autoimmune breakdown of the bone mass and the joints. This holds true for both malignant and benign bone diseases. While most contemporary treatment modalities are formulated to treat the symptomatic results, the underlying problem of a dysfunctional immune system remains. Our approach supports the immune system by providing proprietary compounds in the MSQ 14 formulation in a two-pronged methodology. MSQ 14 first provides missing elements to the immune system to fortify it and attack the source or cause. Secondly, it supplies missing nutritional elements to restore self-sufficiency within the endocrine system, allowing it to restore the complex array of balanced compounds to the immune system.

### Supplement Instructions

The MSQ 14 supplement is a thick brown liquid with a salty-sweet flavor. It should be kept refrigerated, but you can leave it at room temperature for a while. Turning it upside down at room temperature helps disperse the ingredients that settle on the bottom.

For each dose, all the ingredients must be evenly dispersed. To achieve this, vigorously shake the flask until the color is uniform on all sides and the bottom. Then, measure out individual servings.

1. Keep the supplement refrigerated. It is not harmed if left at room temperature for short periods to warm up. Under refrigeration, the supplement has a shelf life of one year. Freezing is recommended for long-term storage.
2. The most important step is to shake or blend every time. It is easier to mix at room temperature than right out of the fridge. Leave it out briefly to “warm” close to room temperature, and measure doses with the graduated measuring cup provided.

3. Take the supplement after a meal or a small snack. Avoid taking it on an empty stomach to eliminate potential stomach discomfort.
4. Take one and a third fluid ounce (40 ml) thrice daily for at least 30 days or longer if necessary. The supplement may be combined with water, milk, or juice. Lick the measuring cup clean. This is an adult dose.
5. Drink at least six 8-oz glasses of water every day. This is a great practice to maintain.

### **Additional Notes and Possible Side Effects**

- The body will respond to this formula with a heightened presence of flatulence due to gut cleansing. This is unavoidable and noticeable.
- Slight bouts of diarrhea, or constipation are also potential side effects due to the cleansing of the gut. These effects are transient and will cease in 1-2 weeks after restoring the microbial and immunological balance of the digestive system.
- The above notes on the gastrointestinal effects make it sound worse than usual, but the warnings are necessary to alert you to the potential possibilities.

### **Diet**

Nutrition is unquestionably an important part of life and good health. The list below supplies the body with the right nutrients to help regulate the organs and glands that modulate the immune system. Enjoy any other foods you like; just be sure to include these as recommended. The rule of thumb is to use fresh ingredients and minimal cooking time.

## DAILY MINIMUM INTAKE

One green vegetable	lettuce, cabbage, or any greens
One yellow vegetable	carrot, squash, or tomato
One white vegetable	onions, potatoes, eggplant, etc.
One-half citrus fruit	orange, grapefruit, lemon, etc.
One-third teaspoon	of vanilla extract
One ounce	raisins
One ounce	chocolate, cacao, or candy bar
Four six ounce	glasses of water

## WEEKLY

Two ounces nuts	peanuts, pecans, almonds, etc.
One medium	garlic button cooked, in salads
Three eggs	preferably soft-boiled
Four ounces	wheat germ

## Reference

1. Grandics P. Cancer: a single disease with a multitude of manifestations? J Carcinog 2003;2:9