



Soma of the Vedas™ – The Elixir of the Gods

The Mystery Herb that Improves the Quality of Your Life

Soma is an herb described in the Rig Veda, the Hindu sacred scripture that is the most ancient of written records. Although it is a plant, Soma is honored as the third most important deity in the Hindu system of religion, after Agni and Indra. According to the Vedas, Indra brought Soma down from the heavens for the benefit of both people and gods.

Over the millennia, many people have searched for this elusive herb. Some scholars even considered Soma to be merely a religious allegory, and questioned whether it ever existed. However, it seems that a small circle of avatars have been using Soma all along.

Three main attributes are credited to Soma in the Vedas. The first is as a “cure-all,” a vehicle for attaining perfect health. The second is to increase the lifespan of its users, creating what is called “small immortality.” This means that people using Soma regularly can have a lifespan significantly exceeding current human life expectancy. In India, it is said that holy men using Soma are hundreds of years old. Third, Soma is believed to be an avenue to enlightenment, the much-sought-after state of minds through which ordinary people acquire extraordinary psychic and physiological capabilities.

A “Plant Teacher”

Soma belongs to the category of plants that Shamans call “plant teachers.” These plants impart spiritual wisdom to those who ingest them. With spiritual health abounding, physical health follows naturally.

The idea that information can be communicated between organisms via ingestion has been proven by scientists decades ago. Tiny worms called *Planaria* demonstrate this principle well. When a light is shined on them, *Planaria* react by curling up. After a period of “training,” they learn that no harm comes from the light, and they stop curling up. When “educated” *Planarias* were fed to untrained worms, the naive worms behaved like the trained *Planaria* (appropriate controls were made feeding them untrained worms as well). This experiment proved that information can be transferred via ingestion, but the observation has generally remained a scientific curiosity.

Soma teaches the body to free the life force, and increases empathy between people. People will notice that their tendencies toward anger vanish over time. They become more self-confident and self-assertive, while developing compassion and the desire for cooperation with others. An increased level of energy accompanies these changes.

These new qualities in people, especially when manifested by a young healthy person, can provide a healing influence on an ill individual. When the flow of life force returns to the sick, health reestablishes itself naturally. With Soma, you will also develop a greater

awareness of the needs of your body. You will become aware, for example, of whether the food and beverages you consume are good for your body or not.

Cleansing, Energy Benefits

Soma cleanses the system from accumulated toxins and leads to a revitalization of the body. Bodily functions that typically decline over time, such as mental clarity or sex drive, return with youthful force. Soma also acts as an intelligence accelerator, and gradually expands the intellectual and psychic capabilities of its users. From a mental point of view, Soma overwrites erroneous thinking patterns that lead to the disease of the body.

It is likely that many of the effects of Soma lie in revitalizing the pituitary and pineal glands. Scientific theory suggests that the pituitary, our master gland, acts as a biological clock, leading to old age and degeneration. To investigate this, old rats were given a pituitary extract obtained from the pituitaries of young rats. The old rats became more vital and younger in appearance than their chronological age suggested. Likewise, Soma delivers the nutrients for the pituitary gland for optimal functioning.

Taking Soma

It takes time for the beneficial effects of Soma to manifest. The first effects are felt in about a week when used as directed. Keep in mind that in the beginning, one should take the Soma regularly for three weeks. After that, gradually skip days. This is necessary because the effects of Soma build up slowly. The beneficial effects of Soma on the body eventually become permanent. This is a major difference from other herbal products that just produce transient results.

Soma should be taken in the morning on empty stomach by mixing 3 drops of the product into a half a cup of water. This dose is for adults only. After three weeks, take it every other day for three weeks and gradually skip days after that. As your experience grows with time, you will naturally feel when you need to take Soma.

Soma is powerful, so it must be used with respect. Taking more than the recommended dose will not help, as the assimilation rate will not increase by overdosing yourself. Keep out of reach of children. Soma should not be used during pregnancy or breast-feeding.